

## ***Introduction***

Gender-based violence is a major health problem around the world. It often goes unnoticed and undocumented partly due to its taboo nature. It is an important cause of morbidity and mortality among women. There is a close association between violence and women's health, and the consequence is in the nature of physical health, reproductive health, mental health, child health, accessibility, and utilization of health care services. The high prevalence of violent situations indicates the urgency of incorporating an approach that deals with gender violence and promotes the empowerment of women in the routine of reproductive health services. Although the healthcare system is often the first point of contact for victims for treatment and care, there is an inadequacy of healthcare response towards them. In such a situation, a low rate of detection of domestic violence by health professionals is a cause for concern, and thus, achieving the vision of SDG will be a limitation.

The effect of violence on the health of the mothers requires appropriate interventions to avoid or minimize the effects of violence on the health of the mothers and babies. In order to prevent the effects of domestic violence, all mothers should be routinely screened by ASHA and later by health professionals for the experience of violence, both in their lifetime and during pregnancy. At the policy level, concerted efforts are needed to combat gender-based violence not only as a human rights issue but as a major risk factor for poor maternal and newborn health. Above all, there is a need to understand how the implementations of policies required by women's health and empowerment processes are shaped by the state response.

Despite the constitutional guarantee of justice- equality, and dignity, women's responses to partner abuse are shaped by their particular socio-cultural contexts, and they, by and large, prefer to remain voiceless. Various institutions, international commitments, and global campaigns on violence prevention take several initiatives. Consistent with SDG to eliminate all forms of violence against women and girls, there is a need to expand opportunities and ensure equal distribution of opportunities and health outcomes as a fundamental to a sustainable trajectory of human development perspective. The health challenges and harness equal opportunities and outcomes for women in the inclusive and faster growth processes, the Government of India designed various policies, strategies, and programmes.

In the 12th Five-Year Plan, there was a focus on training medical personnel at the levels of the healthcare system to recognize and report violence against women and children. In the absence of any systemic engagement of health professionals in evidence-based intervention, the Act has to percolate from the national level to the grassroots level. There is a need for a health professional role on the part of advocacy and treatment of women with a history of facing violence. This training course aims to enhance the capacity of key stakeholders in the area of national collaborative strategy for the prevention of gender violence through effective uses of human rights to protect the health of women and children and to influence appropriate policy planning, developmental aspects, and strategic management in their daily work.

### ***General Objective***

To sensitize the knowledge and attitude of healthcare providers in the integration of gender roles and rights to protect gender-based violence against women in the health system.,

### ***Specific Objectives***

At the end of the training programme, the participants will be able to:

- Describe the concept, role, and impact of the social construction of gender and gender-based violence
- Describe the policy/ programmes and various strategies related to gender-based violence, including rehabilitation
- Discuss women's health and human rights in the context of approaches to health rights.
- Explain the role of healthcare providers in dealing with medico-legal cases of victims, including organ trafficking.
- Demonstrate the use of counseling and communication skills for gender sensitization.

## ***Course Contents***

The following topics/contents will be covered during the training:

- Concept, prevention, and control of Gender-Based Violence;
- Policy, issues, and strategies related to prevention of Gender-Based Violence;
- Importance of collaborative and complimentary work among the key stakeholders and other partners Gender health analysis
- Human, health, and legal rights
- Health consequences of gender-based violence
- gender role and violation of human rights in labour room
- Role of healthcare providers in dealing with medico-legal cases of victims;
- Skills of counseling
- Skills of Interpersonal Communication

### ***Methodology***

The training course would be based on experiential and participatory techniques. The medium of instruction will be English/Hindi.

- Exercise
- Group Work
- Role Play
- Lecture Discussion
- Case Study
- Use of Audio Video Aids

### ***Nature of Participants***

The Government officials and other officers involved in planning and implementation of National Health Programmers, faculty and trainers of medical colleges and training institutes, National level NGO/mother NGO working with govt., judicial officers, senior police officers, public prosecutors, officials from women commission, nodal officials dealing with such cases, and human rights officials.

## ***Course Coordinating Team***

Course Coordinator: Prof. Meerambika Mahapatro  
Co-coordinator: Dr. Sarita Gautam  
Dr. A. M. Elizabeth  
Course- Associate: Ms. Rita Rani  
Dr. Sangita Mishra

## ***About the Institute***

The National Institute of Health and Family Welfare is a premier autonomous institute funded by the Ministry of Health and Family Welfare, Government of India. It has kept pace with the new thinking and substantially contributed to the health manpower development in the country.

NIHFW serves as an apex 'technical institute' as well as a 'think tank' to promote national health and family welfare programmes in the country through education and training, research and evaluation, consultancy and advisory services, specialized projects, etc.

## ***Location of the Institute***

It is in South Delhi, near Jawaharlal Nehru University and Munirka DDA Flats. It is accessible from the Indira Gandhi International Airport and the New Delhi Railway Station, approximately 7 km and 15 km, respectively. Pre-paid taxis/auto-rickshaws are available.

## ***Venue***

Teaching Block,  
The National Institute of Health and Family Welfare,  
Baba Gangnath Marg, Munirka,  
New Delhi-110067

## ***Course Fee***

There is a course fee of Rs. 5000/- per participant, which can also be paid by online banking. This includes course materials, a working lunch, mineral water, and morning and evening tea with snacks for each participant. Boarding, lodging, and TA/DA expenses must be borne by the sponsoring organizations/ participants. The bank details are

Name of the beneficiary: Director NIHFW  
Bank Name & Branch: SBI, NIHFW, Munirka,  
New Delhi Account No.: 10932790787  
IFSC Code No.: SBIN0001624  
Branch Code No.: 01624  
MICR Code No.: 110002056

## ***Accommodation***

Boarding and lodging facilities at applicable rates may be provided to the participants only within the Institute's campus subject to availability. Accommodation facilities for the participants will be provided upon prior request. The Institute will provide working lunch during the training period. The hostel email is [hostelbooking@nihfw.org](mailto:hostelbooking@nihfw.org), and reception phone numbers are 011-26165959, 26166441-ext-326

## ***Registration link***

<https://forms.gle/keZrN7TiLboZetZPA>

## ***Last Date for Receiving Nominations 10<sup>th</sup> February, 2024***

Participants are requested to make travel plans on receipt of confirmation for participation from the Coordinating team, NIHFW

## ***Further Correspondence to be addressed to:***

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## ***Training Course on Gender-Based Violence and Human Rights for Promoting Women Health***

**19– 23 February 2024**



आरोग्यम् सुखसम्पदा

**The National Institute of Health and Family Welfare**  
**Munirka, New Delhi-110067**  
**Web Site [www.nihfw.org](http://www.nihfw.org)**